



CLINIC OPENS
Thursday & Friday
11:00-18:30

ICE BATHS
12:00-17:30

MASSAGES
Thursday & Friday:
14:30-18:30
(Ordered in advance)

Wednesday 3/10

16:00-19:30 Arrival and Registration at the Ford Epic Israel race village (recommended)

18:45 Riders' Briefing

19:00 Dinner (For the pre-race package)

Thursday 4/10

05:00 Breakfast (For the pre-race package)

05:00 Registration process and final preparation (for riders who didn't sleep at the race village)

06:00 Start Lane opens

06:45 Riders Briefing

07:00 Race Start

07:01 VIP Bus

11:00 Race Facilities opens: Lunch buffet, Expo, Shimano & Joe Service area

11:30 Men & Women UCI Podium ceremony

18:30 Dinner

19:00 Award ceremony

Riders briefing (חובה/Obligatory).

Friday 5/10

05:00 Breakfast

06:30 Start Lane opens

06:45 Riders' Briefing

07:00 Race Start

07:01 One Day race Friday start

11:00 Race Facilities opens: Lunch buffet, Expo, Shimano & Joe Service area

11:45 Men & Women UCI Podium ceremony

18:30 Dinner

19:00 Award ceremony

Riders briefing (חובה/Obligatory).

Saturday 6/10

06:00 Breakfast

07:30 Start Lane opens

07:45 Riders' Briefing

08:00 Race start

08:01 One day race start

09:00 - 13:00 Families Happening

10:45 Ceremony for one day race short (חד יומי בינוני)

11:30 Award ceremony for all races. (טור מלא ולאחריו חד יומי ארוך)

Wednesday 3/10

STAGE 1 Friday 4/10

STAGE 2 Friday 5/10

STAGE 3 Friday 6/10

