



**U** JINGA

**BRUDY** 

MORAZ

SHIMANO

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GARMIN.





### **TUESDAY 5/10**

**16:00** Arrival and Registration at the Bara Epic Israel race village

**18:00** Riders' briefing

**19:00** Dinner for (for pre-race package)

## WEDNESDAY 6/10

**07:00** Breakfast (for pre-race package)

10:00 - 17:00 Arrival and Registration at the Bara Epic Israel race village

**12:00-17:00** Race Facilities opens: Lunch buffet, Expo, Shimano & Joe Service area

One hour prior to prologue starts - Opening of Tacx warm-up area

**13:30-17:00** Prologue starts

**18:30** Dinner

**19:00** Award ceremony

Riders briefing (חובה) Obligatory).

#### **THURSDAY 7/10**

**05:30** Breakfast

**07:00** Start Lane opens

**07:15** Riders Briefing

**07:30** Race Start

**07:31** VIP Bus

**11:00** Race Facilities opens: Lunch buffet, Expo, Shimano & Joe's no flats Service area

11:30 Men & Women UCI Podium ceremony

**18:30** Dinner

19:00 Award ceremony

Riders briefing (חובה) Obligatory).

# **FRIDAY 8/10**

**04:45** Breakfast

**06:00** Start Lane opens

**06:15** Riders' Briefing

**06:30** Race Start

**06:31** One Day race Friday start

**11:00** Race Facilities opens: Lunch buffet, Expo, Shimano & Joe no flats Service area

**11:30** Men & Women UCI Podium ceremony

**18:30** Dinner

**19:00** Award ceremony

Riders briefing (חובה/Obligatory).

# SATURDAY 9/10

**06:00** Breakfast

**07:30** Start Lane opens

**07:45** Riders' Briefing

**08:00** Race start

**08:01** One day race start

**09:00-13:00** Families Happening

**10:45** Ceremony for one day race short (חד יומי בינוני)

**11:30** Award ceremony for all races. (טור מלא ולאחריו חד יומי ארוך)

CLINIC OPENS THURSDAY & FRIDAY: 11:00-18:30

MASSAGES THURSDAY & FRIDAY: 14:30-18:30 (Ordered in advance)

**ICE BATHS:** 12:00-17:30